

Child Intake/Psychosocial Assessment Form

Name of parent/ guardian: _____

(Last) (First) (Middle Initial)

Address of parent/guardian: _____

(Street and Number)

_____ (City) (State) (Zip)

Home Phone: May we leave a message? Yes No

Cell/Other Phone: May we leave a message? Yes No

E-mail: _____ May we email you? Yes No

*Please note: Email correspondence is not considered to be a confidential medium of communication.

Name of insurance policy holder: _____ Relationship to Child _____

(Last) (First)

Address of insurance policy holder: _____

(Street and Number)

_____ (City) (State) (Zip)

Please provide the following information about your child:

Child's Full Name: _____ Nick Name: _____

Insurance Plan Name: _____ Member ID: _____

Child's Cell Phone:

May we leave a message? Yes No

Birth Date: _____ Today's Date: _____

Behavioral History:

Behavioral Excesses:

What does your child currently do too often, too much, or at the wrong times that gets him/her in trouble? Please list all the behaviors you can think of.

Behavioral Deficits:

What does your child fail to do as often as you would like, as much as you would like, or when you would like? Please list all the behaviors you can think of.

Behavioral Assets:

What does your child do that you like? What does he/she do that other people like?

Others Concerns:

Do you have any other concerns about your child or your family that you have not mentioned yet?

Treatment Goals:

From your preceding list of your child's behavior and your family concerns, what problem behaviors do you want to see change FIRST: and how much must they change for you to be satisfied?

PRESENTING PROBLEM: (Briefly describe the issues/problems which led to your decision to seek therapy services).

How severe, on a scale of 1-10 (with 1 being the most severe), do you rate your child's presenting problems?

MOST SEVERE 1 2 3 4 5 6 7 8 9 10 LEAST SEVERE

PRESENTING PROBLEM CATEGORIZATION: (Please check all that apply and circle the description)

Symptoms causing concern, distress or impairment:

| | | | |
|--|----------------|-----------------|---------------------|
| <input type="checkbox"/> Victimization (please circle): | Physical abuse | Sexual abuse | Psychological Abuse |
| Robbery victim | Assault victim | Dating violence | Domestic Violence |

Other (Please describe other concerns):

How long has this problem been causing your child distress? (please circle)

One week One month 1-6 Months 6 Months – 1 Year Longer than one year

How do you rate your child's current level of coping on a scale of 1 – 10 (with 1 being unable to cope)?

UNABLE TO COPE 1 2 3 4 5 6 7 8 9 10 ABLE TO COPE

FAMILY COMPOSITION:

Mother's Name: _____ Age: _____

Living with child Not living with child Employed Currently Yes No

Place of Employment: _____ Occupation: _____

Father's Name: _____ Age: _____

Living with child Not living with child Employed Currently Yes No

Place of Employment: _____ Occupation: _____

Marital status of Parents: ≤ Single ≤ Married ≤ Divorced ≤ Widowed ≤ Domestic Partnership

Please list the names, ages, relationships and other relevant information regarding all immediate family members whether living in- or outside the home. Please include all members currently residing in a child's household.

| Name | Gender | Age | Relationship To Client | Living with child |
|------|--------|-----|------------------------|--|
| | | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |

What else do you feel/believe would be helpful, or important for us to know/understand about your relationships with your family or about your family members?

RECENT LOSSES:

Family Member Friend Health Lifestyle Job Income Housing None

Who? _____ When? _____ Nature of Loss? _____

Other Losses: _____

Additional information (if needed):

PREGNANCY & BIRTH HISTORY:

Were there any complications during pregnancy? Yes No If yes, please explain:

Full-term Birth Premature Birth

Were there any complications during birth? Yes No If yes, please explain:

Were drugs or alcohol consumed during pregnancy? Yes No

Child's weight at birth? _____ lbs. _____ oz. Child's health at birth? _____

Length of hospital stay. _____ Post-partum depression? Yes No

Was your child adopted? Yes No If yes, at what age? _____

Domestic adoption International adoption (Country: _____)

DEVELOPMENTAL HISTORY:

As accurately as you can remember, how old was your child when she/he:

Rolled over? _____ Crawled? _____ Walked? _____ Talked (two words)? _____ Toilet Trained? _____

Do/did you have concerns about your child's development in any of these areas (below)?

Speech/Language Motor Skills Cognitive/Intellectual Sensory Behavioral Emotional Social

If so, please describe:

Were there any significant disturbances/changes during your child's childhood? Yes No

If yes, please describe:

Family History:

In the section below identify if there is a family history of any of the following. If yes, please indicate the family member's relationship to your child in the space provided (father, grandmother, uncle, etc.

| | Yes | No | List Family Member if Yes |
|--|-----|----|---------------------------|
|--|-----|----|---------------------------|

Alcohol/Substance Abuse _____ _____

Anxiety _____ _____

Depression _____ _____

Domestic Violence _____ _____

Eating Disorders _____ _____

Obesity _____ _____

Obsessive Compulsive Behavior _____ _____

Schizophrenia _____ _____

Suicide Attempts _____ _____

Is your family spiritual or religious? No Yes If yes, please describe your faith or belief:

Education History:

What school does your child attend?

Address:

Phone: _____ Teacher's Name: _____

Current Grade: _____

What does your child's teacher say about him/her?

Other schools attended (including pre-school)

Has your child ever repeated a grade? If so, which one(s)?

Has your child ever received special education services?

Has your child experienced any of the following problems at school?

fighting lack of friends drug/alcohol
 detention suspension learning disabilities
 poor attendance poor grades gang influence
 incomplete homework behavior problems

HEALTH HISTORY

How would you describe your child's overall health? _____

Does your child have any health issues? Yes No If yes, please list below: _____

Does your child have any recurrent medical conditions such as ear infections, asthma or allergies? Yes No

If yes, please explain: _____

Does your child have tubes in his/her ears? Yes No

Include current significant medical problems (physical limitations, sleep problems, unusual eating habits, poor hygiene, overall physical fitness, head injuries, early childhood infections, eating disorders, knee or back injuries, asthma, etc.)

| Medical Conditions | Currently Receiving treatment? | Provider | Does this condition cause stress or impairment at this time? | What have you found that helps? |
|--------------------|--------------------------------|----------|--|---------------------------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Does your child take any medications? Yes No

Please list medications (including psychotropic, over the counter, herbal remedies) that you have taken in the past 6 months

| Medication | Dosage | Frequency | Prescribed By | Reason for Medication |
|------------|--------|-----------|---------------|-----------------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Is your child taking the medications as prescribed? Yes No If No, please explain: _____

Additional information (if needed): _____

Has your child ever had a serious accident/illness or hospitalization? Yes No

Please list all past hospitalizations, surgeries, accidents, or illnesses in the chart below.

| Reason for Previous Hospitalizations, Accident, Illness | Date/Location of Hospitalization |
|---|----------------------------------|
| | |
| | |
| | |
| | |
| | |

Has your child had the following screenings (please check all that apply)?

Hearing Screening Date: _____ Outcome: _____

Vision Screening Date: _____ Outcome: _____

Speech/Language Screening Date: _____ Outcome: _____

Primary Care Doctor: _____ Facility: _____ Phone Number: _____

PSYCHIATRIC/PSYCHOLOGICAL HISTORY:

Is your child currently being seen by a counselor? Yes No

If yes, name of current counselor _____ Length of Treatment _____

Is your child currently being seen by a psychiatrist? Yes No

If yes, name of current psychiatrist _____ Length of Treatment _____

Has your child ever been diagnosed with a mental health, emotional or psychological condition? Yes No

If yes, what diagnosis was your child given? _____

When? _____

By Whom? _____

Has your child received counseling services or been hospitalized for mental health or drug and alcohol concerns in the past? Yes No

If yes, please list previous counseling/hospitalizations for mental health/drug and alcohol concerns below

| Date of service | Place/Provider | Reason for treatment | Were the services helpful |
|-----------------|----------------|----------------------|---------------------------|
| | | | |
| | | | |
| | | | |
| | | | |

Additional information: _____

SAFETY CONCERNS:

Is your child presently suicidal? Yes No If Yes, please explain _____

Has your child ever attempted to commit suicide? Yes No

If yes, when and how?

Is there a history of suicide in your child's immediate and/or extended family? Yes No

If Yes, please explain _____

Has your child ever inflicted burns or wounds on his/herself? Yes No

Is your child presently homicidal? Yes No If yes, please explain

Additional Information: (please list additional information as needed to address past and current safety issues)

CURRENT FUNCTIONING:

Do you have concerns about your child in the following areas? (check all that apply)?

Eating Hygiene/grooming Sleeping Activities/play Social Relationships

If so, please describe: _____

Please rate your child's personality/temperament (how they behave the majority of the time in each of the following areas on a scale from 1 to 7 by placing a check above the number that best describes your child):

ENERGY/ACTIVITY LEVEL (how active is my child?)

CAN sit still and listen for long periods of time _____: _____: _____: _____: _____: _____: _____
1 2 3 4 5 6 7

CAN'T sit still and listen for long periods of time

NEED FOR PHYSICAL ROUTINE (how much routine does my child need?)

ENJOYS ROUTINE; easily

upset when day doesn't go as usual _____: _____: _____: _____: _____: _____: _____
1 2 3 4 5 6 7

ENJOYS DOING THINGS

DIFFERENTLY; may not notice small changes in

MOOD (what is my child's mood most of the time)?

ANXIOUS-usually

frustrated and worried ____: ____: ____: ____: ____: ____

CALM-usually relaxed

1 2 3 4 5 6 7

HAPPY-usually enjoys

what he/she is doing ____: ____: ____: ____: ____: ____: ____

SAD-usually unhappy;

hard time having fun

1 2 3 4 5 6 7

CURIOS-usually eager

to know something ____: ____: ____: ____: ____: ____: ____

TIMID-usually not

1 2 3 4 5 6 7

ANGRY-easily frustrated

and annoyed with others ____: ____: ____: ____: ____: ____: ____

CALM usually

1 2 3 4 5 6 7

peaceful with others

INTENSITY (how strongly does my child express feelings, wants and opinions?)

MILD REACTION-calm

and cooperative; Easily ____: ____: ____: ____: ____: ____: ____
pushed around by others

1 2 3 4 5 6 7

STRONG REACTION-

may cry or yell over
small things

PERSISTENCE (Can my child stick with and complete tasks?)

Will stick with something

until it is done ____: ____: ____: ____: ____: ____: ____
1 2 3 4 5 6 7

Gives up on tasks;

has trouble finishing
things

SENSITIVITY TO SENSES (How sensitive is my child to light, smells, sounds, and touching?)

Learns by seeing

touching and using all ____: ____: ____: ____: ____: ____: ____
senses

1 2 3 4 5 6 7

Has strong reaction to

noise, lights, hugging his/her
or touching

PERCEPTIVENESS (How aware is my child of feelings and emotions?)

Sympathetic to others;

use words to tell

how he/she feels

____: ____: ____: ____: ____: ____: ____

1 2 3 4 5 6 7

Unaware of the

feelings of others

ADAPTABILITY (How easily does my child accept changes?)

Often fearful with new people and new situations **Will easily meet and accept new people and activities**

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|

ATTENTION SPAN/DISCTRACTIBILITY (How well does my child pay attention?)

Stays focused on tasks until completed **Easily sidetracked; difficulty following directions**

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|

PARENT/CHILD RELATIONSHIP

Describe parenting your child (e.g. challenging, easy): _____

What do you find most challenging in parenting your child? _____

What kind of discipline works best with your child? _____

EDUCATION

Is your child currently enrolled in school? Yes No Name of School _____

What grade is your child currently in (if summer, was grade is your child going into)? _____

How would you describe your child's attendance (currently)? (**circle ALL that apply**)

| | | | | |
|---------------------|---------------|--------------|--------------------|-----------|
| Attending regularly | Home-schooled | Some truancy | Alternative school | Suspended |
| Expelled | Dropped Out | GED program | | |

How would you describe your child's achievement/grades in school? _____

How would you describe your child's attitude towards school/education? _____

Disciplinary or behavioral issues at school? Yes No If yes, describe:

Please check if your child has any of the following?

| |
|--|
| <input type="checkbox"/> Special Education Accommodations or a 504? Please describe: _____ |
| <input type="checkbox"/> An Individualized Education Plan (IEP)? Please describe: _____ |
| <input type="checkbox"/> Diagnosed Learning Disability? Please describe: _____ |
| <input type="checkbox"/> Receiving special services at school? Please describe: _____ |

EMPLOYMENT:

Is your child currently employed? Yes No

If employed, where are they working? _____ How long? _____

Does your child enjoy their current job? Yes No

HOUSING:

Would you consider your housing to be stable unstable If unstable, please describe: _____

Please choose the one that best describes the current housing arrangement for this child:

- Parent/Guardian owns home
- Parent/Guardian rents home
- Child and family live with relatives/friends (temporary)
- Child and family live with relatives/friends (permanent)
- Homeless Transitional Housing Emergency Shelter

How long has this child lived in the current living situation? _____

How many times has the child moved in the past two years? _____

What else do you think is important for us to understand about your housing/living situation?

FOSTER CARE INVOLVEMENT:

Has your child ever been in foster care Yes No Unknown

From _____ age to _____ age Reason: _____

Type of Placement: Familial Placement Non-Familial Placement

Current Status: In-Care Out of Care

If Out of Care, reason for leaving: Adopted Returned to Home Emancipated
 Ran away from care Other: _____